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Lenten Fish Fry!



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The Knights of Columbus Saints Cosmas and Damien Council #13341 held its annual Lenten Fish Fry on six (6) consecutive Fridays, from 4:30 pm- 7:00 pm, beginning February 24th, 2023, and ending March 31st, 2023. Preparations for the event, which included meetings and shopping for supplies, began in mid-January. Activities during the week to prepare for each Friday included food shopping, kitchen cleaning, and deep fryer cleaning every Monday, fish and other food preparation on Thursday, and any re-

quired last-minute shopping on Friday mornings prior to the event later in the day.

The menu consisted of fried fish, baked fish, French fries, cole slaw, and green beans. The cost per meal was \$14.00/ \$7.00 for children under 12. Water, lemonade, iced tea, and coffee were served free of charge. Beer, wine, and soda were available for purchase at an additional cost. The OLA Women's Guild was also present and sold their own desserts at an additional cost.

In order to properly run each weekly event a minimum of thirty (30) volunteers were required each day. Volunteers were broken up into teams, were required to arrive at specific times, and executed specific tasks. Teams included kitchen set-up, cooking, dining room set-up, cashiers and greeters, food servers, beverage servers, table cleaners and setters, dishwashers, kitchen cleaners, and a dining room cleanup/ room breakdown crew.

A total of 1380 meals were served over the course of six (6) nights. A total of fifty-seven (57) Brother Knights and sixteen (16) Others participated in the event from start to finish. Due to the efforts of all, a record gross income of \$20,617.65 led to this year's Fish Fry event being the most successful to date.





Fish Fry







Moving Day at the Depot

On Thursday, January 19, 2023, 6 Knights of Council #13341 teamed together with Habitat for Humanity at the Habitat Depot in Palmetto. The work crew was split up into groups of two (2) and completed the following tasks both at the Depot and across the street in the triangle property where four (4) new homes are currently under construction:

- Several flatbed carts of building materials (lumber, bathroom fixtures, shower enclosures) were moved from the parking lot and stored on shelves within the Depot for future use.
- Additional building materials were transported by cart across the street and stored in several of the new houses under construction across the street.
- Two (2) Brother Knights assisted with the installation of exterior siding on the 3/2 house under construction.
- Two (2) brother Knights assisted with the installation of vinyl flooring in the 1/1 house under construction.







Catechism Corner

The Precepts of the Church – Part 1

A precept is a decree by which an obligation is directly and lawfully imposed upon specific people, to perform specified actions - or to prohibit them. The Precepts of the Church have been established by the Church’s pastoral authorities in the context of a moral life bound to, and nourished by, liturgical life. The obligatory character of these precepts is intended to guarantee the indispensable minimum, in the spirit of prayer and moral effort, to foster growth in love of God and neighbor.

The Church has levied many laws in its history, many of which can be found in the Code of Canon Law. The legitimacy of the Church’s authority to establish such laws is rooted in Jesus’ declarations to the Apostles (the first bishops) that whatever they bind (or loose) on earth will be bound (or loosed) in heaven. Accordingly, Catholics are obligated to obey Church laws (under pain of sin), because they are not the laws of men, but of God – since they are ratified (bound) by God.

There are five Precepts of the Church (CCC 2041–2043):

*To attend Mass on Sundays and Holy Days of Obligation
 To fast and abstain on the days prescribed by the Church
 To confess one’s sins at least once per year
 To receive the Holy Eucharist during the Easter season
 To contribute to the support of the Church*

They will be explained in this, as well as in the next *Catechism Corner* article.

The *first precept* requires Catholics to attend Mass every Sunday and holy day of obligation (CCC 2180). While Saturday Masses of anticipation fulfill the Sunday obligation, regular Saturday Masses in the morning and afternoon, and wedding and funeral Masses do not.

Holy Days of Obligation (CCC 2177; Canon 1246) in the US include the following:

*January 1, The Solemnity of Mary, Mother of God
 Thursday of the Sixth Week of Easter, The Solemnity of the Ascension
 August 15, The Solemnity of the Assumption of the Blessed Virgin Mary
 November 1, The Solemnity of All Saints
 December 8, The Solemnity of the Immaculate Conception
 December 25, The Solemnity of the Nativity of our Lord, Jesus Christ*

Whenever January 1 (the Solemnity of Mary, Mother of God), or August 15 (the Solemnity of the Assumption), or November 1 (the Solemnity of All Saints) falls on a Saturday or on a Monday, then the precept to attend Mass is abrogated.

It is grievously sinful for Catholics to fail to observe this precept, because it is such a great insult to Christ when we fail to make the effort to attend His banquet – at which He comes to us in the Eucharist.



Gene Dolecki,

Council Lecturer



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Council Meeting Message April 2023
Easter greetings! As we roll through the first full month of spring we celebrate Easter with thoughts of gratitude for the gift of new life. The Resurrection and thoughts of our Savior's sacrifice and triumph over death are fresh in our minds and hearts. The dreariness of winter and Lent fade away with April rains that seem to have their own scent. All na-



nure seems in bloom. Trees barren not long ago are now budding and flowers begin to poke through the warming soil. For many, it's their favorite season of the year.

Along with everything else going on in April, it is also Autism Awareness month. The Autism Speaks website () contains much more information that I can give you here. Autism has been more widely discussed and better understood in recent years. Although the TV show "The Good Doctor" portrays a doctor who has autism, those with Autism Spectrum Disorder exhibit a broad range of characteristics. Many have much less functionality than the doctor portrayed on the show. I mention this because many of us know of someone who is on this autism spectrum. If diagnosed early in childhood and intervention begun, those with autism may still live a relatively normal life. However, many with autism struggle and have other complicating medical or psychological issues and need much support during their lives.

That's where the Knights of Columbus Family Fraternal Benefits may be able to help. The Family Fraternal Benefits cover a number of situations. One benefit addresses the child who is older than 60 days and younger than 18 and is uninsurable according to our ordinary underwriting practices. Many children with autism as a primary or secondary diagnosis fall into this category...uninsurable. For those children, the Order has a special family fraternal benefit that allows the issuing of an ordinary permanent life insurance policy on this uninsurable child. Some members may be unaware of this benefit, but it's great news for any parent with a child who does not qualify for life insurance. There are some other qualifiers for the parents and any other children in the family, including that the father must be a member in good standing in his council. I won't go into the others here, but this is a very worthwhile benefit, not only for those children with autism, but for any child who may be uninsurable.

If you know of a Catholic family that may have a child with autism or any family with a child who is uninsurable, please reach out to me. They may be unaware of this benefit. I will be happy to contact them explain this valuable protection that is available. If you prefer, give my name and contact information to that parent so they can contact me at their convenience. As always, there is never any requirement to purchase any product, but a consultation about this benefit may bring them some small comfort. As always, thank you for the opportunity to serve you, my members.

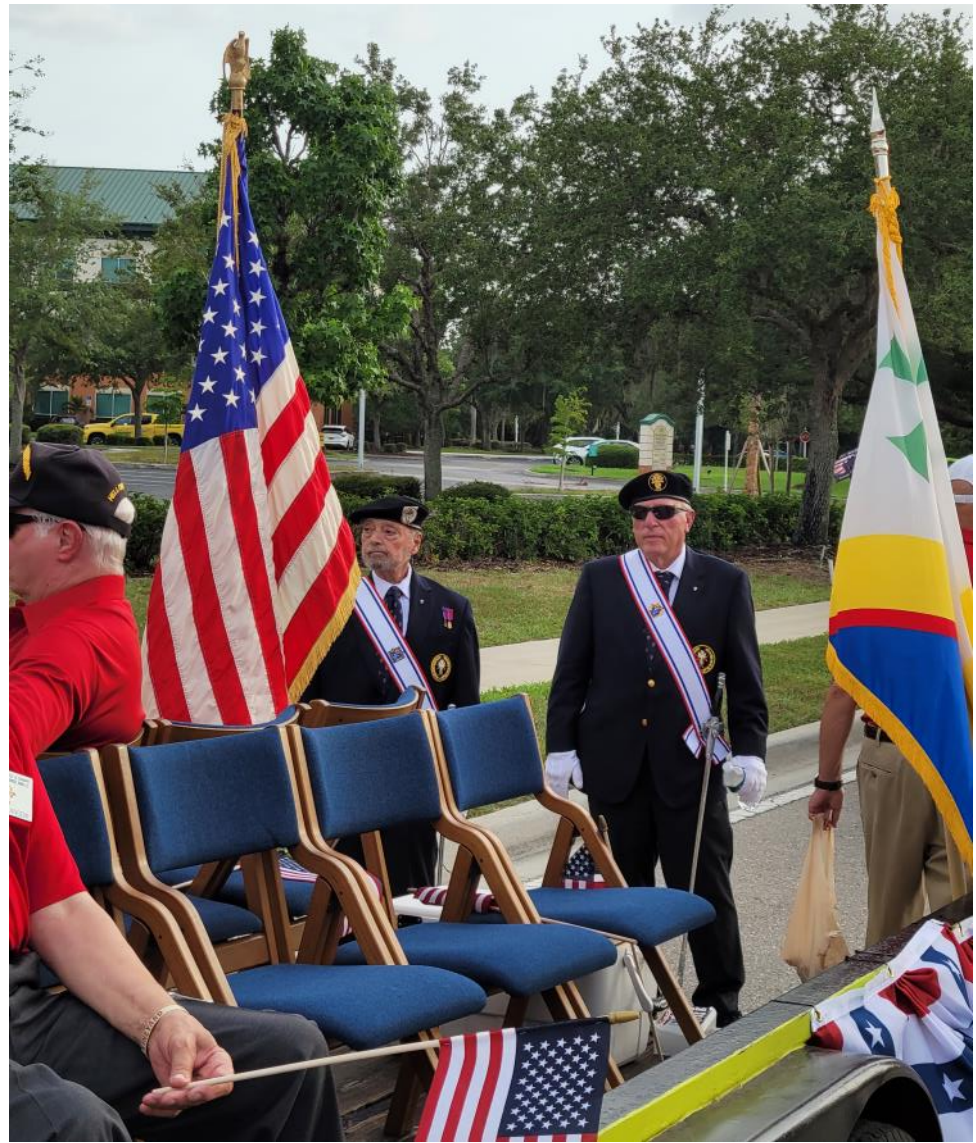
**For
The
Good
of The
Order**

Tribute to Hero's Parade

Main Street Lakewood Ranch Florida

May 28th starting at 6pm. All Knights are asked to join in and march through Main Street.

Council members please wear the red shirt, Assembly members please wear the blue shirt.

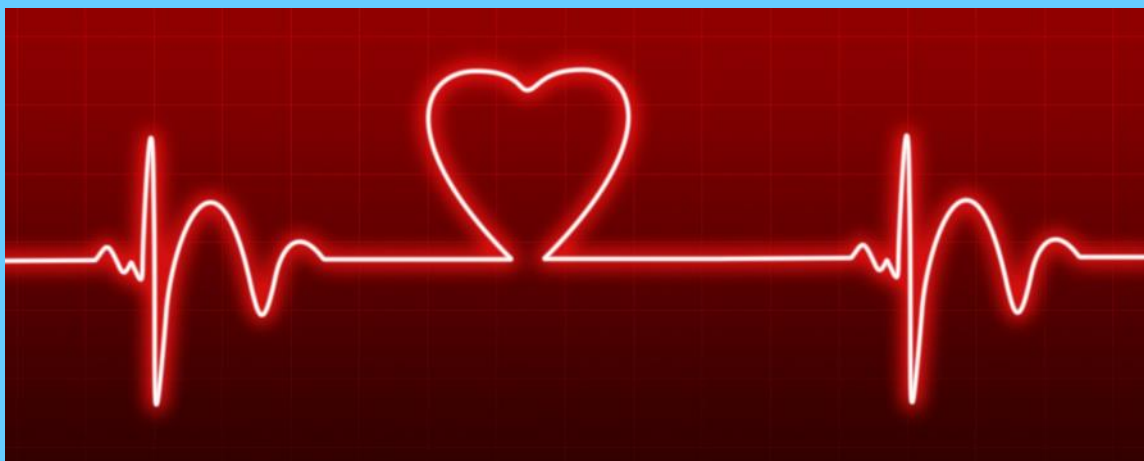




TAMPA, Fla. (WFLA) — With the stroke of a pen, Gov. Ron DeSantis signed Florida’s “Heartbeat Protection Act” into law late Thursday night.

DeSantis quietly signed the bill (SB-300) at his office at around 11 p.m., according to a Twitter post from the Governor’s office. The post read, “Signed the Heartbeat Protection Act, which expands pro-life protections and devotes resources to help young mothers and families.”

The bill will ban abortions after six weeks of pregnancy, with exceptions for life-threatening medical complications. Pregnancies involving rape or incest can be terminated at up to 15 weeks, but would require documentation such as a restraining order or police report.



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Grand Knight's Korner

Brother Knights,

We are close to the end of the fraternal year.
Several items are on the agenda.

Finalize the budget for next year.

Election of new officers.

Installation of Officers.

Awards Night.

These are important meetings and events which
we would like to see everyone participate.